

Introduction to Outdoor Leader Skills

WHAT TO BRING

Reference: Boy Scout Handbook, chapter 9, "Camping"

Overnight gear, outdoor essentials and appropriate clothing are the heart of camping equipment. Carry a light load of only what you need to keep yourself safe and make a good camp; leave all unnecessary items at home. All gear must be able to be carried into the campsite.

Personal Camping Checklist

- Boy Scout Handbook
- Scout Basic Essentials:
 - Pocketknife
 - First-aid kit; store-bought or home-made
 - Extra clothing
 - Rain gear
 - Water bottle filled with potable water
 - Flashlight
 - Matches and fire starters
 - Sun protection
 - Map and compass
 - Scout uniform, strongly recommended
 - Clothing for the season
 - Backpack or duffel bag
 - Rain cover for backpack; i.e. trash bag
- Sleeping gear:
 - Sleeping bag, or two or three blankets
 - Sleeping pad
 - Ground cloth or plastic sheet
- Eating kit:
 - Spoon, fork and knife
 - Plate
 - Bowl
 - Cup
- Cleanup kit:
 - Soap
 - Toothbrush
 - Toothpaste
 - Dental floss
 - Comb or brush
 - Wash cloth
 - Towel
- Optional personal items:
 - Bible/prayer book
 - Insect repellent
 - Watch
 - Camera
 - Notebook or paper
 - Pencil or pen
 - Sunglasses
 - Small musical instrument
 - Gloves

Use *lightweight* backpacking tents for two only – no wall or large recreation types. You are encouraged to borrow those items you do not have.

- 2-person backpacking tent with poles, stakes, ground cloth and line
- Small stove, backpacking or camping